Beyond the Classroom BY HANNAH MELCHER

As a student, we often become accustomed to the busy routine of a school day. Making our way from class to class, we tend to “go with the flow.” Doing this, we forget about many important aspects within our school walls. For instance: our teachers.

While their job is to teach us students, teachers are more than just their occupation. They have a life outside of grading papers, creating lessons, and dealing with teenagers for seven hours. If you get the chance to ask any one of Butler’s Staff, they can vouch for this.

Mrs. Payne has 26 years of teaching under her belt. For 14 years she taught at what is now Olmsted North (formerly Southern Middle). While there she completed her student teaching. For the past 12 years she has been here at Butler. Each year she has taught at least one section of Algebra I. She also spent two years teaching US History.

Mrs. Payne definitely knows what it is like being a student. She put much hard work and dedication into her education at University of Louisville. While there, she earned a Bachelor of Science in Math Education, a Minor in History, a Masters in Elementary School Counseling and a Rank I in Secondary School Counseling. She began working on her PhD in Education and Counseling, but didn’t complete the program (“Maybe I’ll go back one day and do that,” she added). If she didn’t pursue teaching, Mrs. Payne would have either been an engineer or librarian. “I love books and reading, but I also love math and problem-solving.”

Teaching is an eye-opening experience. On a day-to-day basis teachers get to interact with many kids, all with different abilities and personalities. Often, they begin to feel as if the kids are their own. Although sometimes students don’t think so, teachers want to see you succeed. Witnessing the “aha” moment is something Mrs. Payne loves about her job. “I love to see when they ‘get it’. It’s empowering for them and I love seeing that happen.”

Life extends far beyond the classroom though. Amidst all the chaos, Mrs. Payne finds time to spend with her family and friends. A lot of students may not know, but she has seven grandchildren (four granddaughters and three grandsons)! Being a Nana is one of the greatest blessings ever to her. She loves to read and go on walks or hikes as well. As for sports, she is a HUGE UofL fan. When time allows, her family tries to travel to as many games as they can. Also, faith is what drives Mrs. Payne to do her best each and every day. She is currently a member of St. Paul’s Church. “Making sure that I keep a close relationship with God is important to me. It keeps me grounded and grateful.” she says.

This past summer Mrs. Payne spent some time on the island of Oahu, Hawaii. She loves to travel and loves the ocean, so it was the perfect destination. To her it could be classified as heaven on earth. Being out-thing else that involves Mrs. Payne loves. She tends to her many house projects she doesn’t during the school

day.

If students had to about Mrs. Payne she has a deep she teaches. With a passion for her one of the bright- at Butler. best for her stu- them not to wor- stuff.” Anxiety your happiness. bring joy and matter what, try be a much better be to any one of Butler’s Staff, they can vouch for this.

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How Tough Are Those Windows? BY DEAN BREWER

Before you read this you probably asked yourself, what does this title mean? What seems like a meaningless and weird title, Coach Goodin, an extremely motivating coach can make you want to run through a wall after he talks with you. The team had come close to conditioning ending and Coach talked about how “Nick Saban” the coach at Alabama, was purchasing some windows. In the process of purchasing these windows the man selling them had said, “These are some really tough windows.” Coach Saban said “How tough?” The man came back to say “Real tough.” “No no, I want to know how tough these things are, what does it take to break those windows, how hard is it to break these windows?” Now, from a story that seems confusing, Coach Goodin brings that to basketball, and motivation, Coach uses the story towards conditioning that day. He said to us, “How tough are you?” “You might lift some weights a little and feel sore, is that going to break you?” “You might run a little and get tired are you going to let that break you?” “Toughness is knowing what can make you and break you.” After being so tired that day and after him talking and telling us that toughness is one of the most important things you need in basketball that gives you a lot of motivation, it makes you want to go the extra mile and just do one more. This is one of many reasons why Coach Goodin wasn’t just Coach of the Year, but a great coach for his athletes.

I asked Coach a few questions on how he feels about his freshmen coming in all the way to the seniors leading role.

Q: Starting off with the freshmen, even though you haven’t seen them play much other than summer league, how do you feel about the incoming freshmen?

A: I’m very excited about the potential of our freshmen class. They showed this summer that they have the ability to play with anyone. If they keep working hard and play together, the sky is the limit for them.

Coach Goodin is a Louisville fan and a gym teacher and everyone loves to be around him, he’s a nice person towards everyone and is stern when he needs to be. But, when it comes to basketball and the game that he loves he wants things to be done and he wants them to be done right. Coach is all about business when it comes to basketball and he just purely wants to win. He loves his athletes, he’ll do anything for them if he can, but whatever you go through in his program is for a reason, and will make you better or teach you respect.

Q: Reflecting off of last season, there was a lot of tough games and we mostly came out on top, there’s always room for improvement, if you were to reflect off of the past what will you do this season to get better?

A: Last year was a great season, however, it did not end the way we would’ve liked. I think we go back and start all over. This is a new team with the same high expecta-

All in all Coach wants his athletes, students, and family to be THEIR best. You don’t compare yourself to others you go off yourself and look for ways to improve yourself, everyone on the team is the same to him. There’s no favoritism to his coaching. If you show your toughness and have the best toughness, you will play, so now I ask you, how tough are your windows?
Empowering Women in Politics BY HANNAH MELCHER

12 Butler girls represented Butler at the 72nd annual ALA Kentucky Girls State

Picture taken by a fellow participant.

Each summer, girls from across our Commonwealth are chosen to be apart of Kentucky Girls State. This 5-day program is designed to “give its participants a comprehensive view of the duties, privileges, rights and responsibilities of American citizenship.” Upon arrival, the girls are separated into two parties – Nationalists and Federalists – and operated as citizens of Kentucky. Elections are conducted where individuals can run for office, and a bicameral legislature is formed where legislation can be passed and debated.

This past summer, 12 Butler girls were granted the opportunity to attend Girls State stationed on the campus of the University of the Cumberlands. They were selected after completing an essay and winning the approval of Mr. Joseph. Around 50-60 of Kentucky’s finest young women partook in the 72nd annual session of the program. From June 3rd to June 8th, they were immersed into the stressful, but exciting world of politics.

Three of Butler’s participants were elected to office at the convention: Hailey Gipson as governor, Ashanti Scott as Attorney General, and Hailey Miller as Secretary of State. Kaith Sordan was also appointed as Governor’s Page. To gain their position, they went through the same process many current politicians went through. They conducted speeches, participated in primaries, campaigned, and won the votes of their fellow citizens. They even participated in a forum where they were asked questions on the spot.

Hailey Gipson was super surprised when she found out she won Governor – the highest position in the office. While her only duties were to review, pass and fail bills, she claimed that being governor was “a unique experience.” She had the privilege of being able to go to the Capital and meet Kentucky’s Secretary of State, Alison Lundergan Grimes. When asked about the experience, Hailey claimed, “She was very empowering with the speech she gave and was very uplifting about Girls State and women in politics.”

The friendships she formed definitely left an impact on Hailey. They have a group chat they use to keep in touch, as well as an Instagram account where they post on current issues in mainstream politics. Before the trip, she was interested in politics, but now she might actually consider making it a career. She plans to return next summer and help as a junior counselor.

If you are a young women interested in politics, you may want to consider Girls State. The program is open to all who have just completed their junior year of high school, and show a strong interest in government. This opportunity proves to be one in a lifetime, so don’t miss it!

Winning the office of Attorney General and the votes of her members at Girls State, Ashanti Scott was granted the opportunity to attend Girls Nation in D.C. Only 2 girls are chosen from each state, which makes this a huge accomplishment.

Contrary to Girls State, Girls Nation is much different. The bills focus more on national issues, and the girls are much different. Due to the diversity amongst girls from across the whole country, you are exposed to tons of different cultures, opinions, and experiences.

While at the capital, the girls had the chance to meet with many popular politicians in US government. Ashanti had the privilege of meeting Senator of Kentucky and Senate majority leader Mitch McConnell, as well as Vice President Pence.

One thing Ashanti took away from the trip was to never underestimate yourself. Being a girl from Kentucky, and dabbling in politics, she felt inferior to many others. A lot of girls did national speech and debate and planned to attend Harvard. Despite the odds, she ran for office. Although she fell short in winning her party’s nomination, she still left an impact. She proved to be an inspiration amongst many of the girls.

Ashanti has a strong interest in running for office. When asked about a future in politics, she answered, “I believe that makes the biggest difference in everyone’s lives…” She enjoyed the experience as Attorney General at Girls State, and wouldn’t mind running for the office in real life.

Ashanti’s ideas, insights, and opinions could change this country. Her leadership, outspoken nature, drive to be successful, and excelling academics could land her a spot in a high office within our state or even federal government. If you see her name on a ballot in the future, don’t hesitate. Vote for her!
Why Join Guitar Class? BY MAUREEN NOCON

Guitar is a fairly new class offered here at Butler. Last school year was its grand debut, but this year you can bet there are many new improvements to this lovely group, including musical expert Mr. McCoy. Here is an interview with the man himself, along with a guitar class veteran to get you to know them, their interests, and their opinion on why you should join!

Alex McCoy

M.N: How do you feel about teaching a guitar class for the first time this year? Do you think it’ll be a challenge?

A.M: I'm ecstatic about teaching guitar this year! I've always wanted to teach guitar and now that I've finally been given the chance, I'm really enjoying it. I think it will be a challenge, but I'm always up for that. My primary instrument is the trombone so teaching a totally new instrument is exciting!

M.N: What do you like about the class so far?

A.M: The classes so far have been great! My students have made the most out of an unusually small classroom and come everyday with a learning attitude.

M.N: What got you into wanting to be apart of the music world? What’s your story?

A.M: I have always been drawn towards music. My uncle is a professional drummer and got me started playing the trombone in the 5th grade. I took off from there, spending most of my free time practicing (clearly I was a REALLY cool 7th grader). I played a ton in high school, performing in Honor Bands at the state and national levels. At one point I played 1st trombone in the Honor Band of the United States of America, an amazing experience!

I then went on to attend the University of Cincinnati, College-Conservatory of Music. At CCM, I got my Music Education Degree. At the start, I actually just wanted to be a professional trombonist. However, my sophomore year, I developed a neuro-muscular disorder called Task Specific Focal Embouchure Dystonia. Long story short, my face would not do what I needed to play the trombone, ending any dream I had of playing professionally. It was then that I seriously began to consider teaching. As I started focusing all my energy into being a teacher, I fell in love with it more than I thought possible and also relearned how to play!

I graduated school and taught for a year at Thomas Nelson High School in Bardstown, KY where

Nick Broda

M.N: This is your second time taking this class, what made you want to take it again?

N.B: As an intermediate guitarist, I want to help beginners get a head start into the wonderful instrument that is the guitar.

M.N: How long have you been playing the guitar? What are some challenges you faced learning it?

N.B: I have been playing for three years. The challenges I faced while learning guitar was that I had no knowledge of music theory.

M.N: What kind of music do you listen to?

N.B: I listen to rock music mostly, bands like Pink Floyd, Radiohead, Van Halen, and Led Zeppelin.

M.N: What artists inspire you? What do they mean to you?

N.B: The musician that got me into guitar was Eddie Van Halen. What he managed to do with the guitar completely opened my eyes to how powerful music is.

M.N: How has music impacted your life?

N.B: Music has impacted my life in a very sentimental way. It’s like a second language. I know how to say things that I can’t commute with English or my thoughts. It’s like opening a door to a new universe. It’s nuts.

M.N: What do you have to say to your fellow classmates about learning the guitar?

N.B: If you’re trying to learn guitar, learn to read tabs and chord charts, and build finger endurance and strength. Besides that, listen to other genres of music, like blues, jazz, reggae, etc. The broader your musical perspective is, the better your musical ability will be.

“...the guitar completely opened my eyes to how powerful music is…”

The guitar may seem like an intimidating instrument at first, but once you get to know it and explore its wonders you will find love with its melodies. If you’re interested in this class give it a try! Soon you’ll be shredding like a pro.
Butler Runs Toward the Future  

BY CHRISTOPHER CLEMONS

All over the country schools are constantly adding new academic programs as the world and the United States progress toward the future. With these changes comes new ways of learning and interacting during the school day. Rather the interaction be between a student and a teacher, a student and technological devices, or a student and an interactive learning center. Some of which are computer labs, medical labs, musical labs, and toy labs (interactive learning centers for children).

Last year, Mr. Allen the principal here at Suda E. Butler Traditional High School added the Butler Allied Health program with the help of Melissa Ballard, the first of three teacher hired within the program. Originally the program started with two different classes Anatomy and Physiology and Medical Terminology. Now, within just a year the program has grown so much. Butler Allied Health has gone from two different subjects pertaining to medicine to four programs run by two other newly hired teachers this year.

With the new class additions and teachers, Mr. Allen has decided to take steps toward future. With the help of Ms. Ballard, they have successfully created a state-of-the-art Medical Simulation Center. The center will be used primarily for the Medicaid Nursing Aide class added this school year. The center is fully stocked with everything one would find in a hospital setting including but not limited to: hospital beds, bed side tables, AED’S, gloves, Foley’s, catheter’s, slip proof socks, wheel chairs, and finally walkers. Ms. Ballard has put in countless hours and hard work to get the center up and running.

Along the way she has found numerous organizations and groups to donate equipment. One of which is a non-profit named Supplies Over Seas which is a Louisville, Kentucky-based nonprofit organization that meets critical health care needs in medically challenged communities around the world by collecting and distributing surplus medical supplies and equipment. They partner with hospitals and others to recover and send what would otherwise go to landfills. Supplies Over Seas (SOS) was founded in 1933 by Dr. Norton Waterman and members of the Greater Louisville Medical Society (GLMS) as a response to the waste created by Louisville’s medical system. Since 1993, we have saved more than one million pounds of medical equipment and supplies from landfills and brought health care to 105 countries around the globe, including our own.

Other hospitals and organizations that have also donated are Joanna Couch from Norton Cancer Institute. Numerous of staff here at Butler have also put in a lot of time and effort for example, Mrs. Addams. Mrs. Addams has worked diligently to help get orders placed.

In conclusion, Butler Traditional High School has taken one giant leap toward the future, to prepare America’s youth. If you are interested and get the opportunity to participate in the Butler Allied Health program, definitely consider. If any questions ever arise please feel free to contact your counselor or any of the three Butler Allied Health Teachers Ms. Ballard, Mr. Campbell, Ms. Coleman.
Butler's bowling team had an amazing season last year. They won state and regional 21-3 and went to nationals and placed 7th in the nation. They got to eat a lot of cookies. Talking to seniors Nathan Beck and Garrett Decker and former Butler student and bowling team member Michael Turner had a lot to talk about during the season.

Former student of Butler, bowling team member, and 2 time bowler of the year Michael Turner talked about how going into state they already knew they were the best. They had an undefeated season going 8-0. This was the second year going 8-0.

Senior at Butler Garrett Decker said being part of the bowling team is an amazing experience because they get to go out and do what they love. His favorite part about the whole experience was being able to go to tournaments and eat cookies. To him there isn't any negatives about being on the bowling team. “The hardest part this year is being a great team after losing so many great seniors” Decker says. He is excited to see how well they will do this year and how they want to go to state and nationals again.

Nathan Beck who is a senior at Butler also talks about how he is ready to bowl again. He loves being part of a team and being able to work hard and become something great. He loves being a senior after winning state and finally getting to be known. He is ready for another amazing season and is ready to win and make new memories with his team.

Butler’s bowling team has done some amazing things and is becoming a force to be reckoned with. They are ready for another amazing year and ready to keep their State Champion title another year. They lost 4 seniors last year and are ready to make a great new team.

The Butler Bowling team competed in Nationals for the first time in school history.

All pictures taken by April Varney

**Butler Bowling Team BY ALYSSA JONES**

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The Bears placed 7th in the Nation.

The team preparing to compete for Nationals
Makenzie Barnes is a very passionate cross country runner. She is now a senior and has been running since 5th grade. Makenzie has run for Carter Traditional Elementary, Johnson Tradition Middle, and Butler Traditional High. She maintains a 4.0 GPA and participates in Kingdom Life and has participated in Relay for Life here at Butler. This year, she takes 4 college classes at JCTC, 1 college class at Butler, and still manages to handle school work and cross country.

When Makenzie was asked about her favorite thing about cross country this is what she said: “Surprisingly the morning practices during the summer are my favorite. I’m not a morning person at all but those 7:30 mornings with a cool 70 degrees and light wind while going on an easy 6 or 7 mile long run observing the cars that drive by and paying attention to the clouds move by are the perfect runs. One thing about these mornings I will particularly miss is my talks with Annabelle. It was sophomore year of cross country when she came in as a freshman and through this I have discovered one of my best friends. Annabelle and I are always pushing each other to be better and I wouldn’t be where I am today, running wise, if it wasn’t for her.”

Even though she loves the early practices during the summer, Makenzie loves when it is finally race day. When asked about race day this is what she said: “All of the practices pay off. Before the races, the team is in that mode where we are getting our mind set; after that it totally changes. The anticipation for waiting for the gun to go off has never changed throughout my years of running. For the feeling of crossing the finish line, that’s the one that changes. It finally hits me that the number of finish lines I cross are fading away.”

For all of the years that Makenzie has been a runner, her mom, Mrs. Barnes, has been her coach. She says that having her mother as a coach has helped them grow closer, but her mother is also harder on her. For example, she might tell Makenzie not to eat a certain thing because it is race day or just connect other things to running. But, besides that, Makenzie has loved her years of running and is sad to see it come to an end with her last year as a Butler Bear.

Q: How does it feel knowing this is your last year running for Butler High School?
A: Being that I started running for Butler in 8th grade, its bitter sweet knowing this will be my last year. Even though I don’t plan on pursuing my running career in college, I’m still going to miss it lots and plan on running on my own just not competitively. It’s definitely going to be weird not having to go to practice every day or not having to prep Friday nights for races and spending all day Saturday at the race. I plan on coming back and visiting of course because my team is really my family and my brother will be running for Butler next year but it will never be the same standing on the sidelines.

Q: Do you plan on running for college?
A: Don’t get me wrong I love running and everything but the fact that I have been a student athlete almost my whole life wants me to try something new and go without doing a sport in college. I have weighed the pros and cons of running in college so many times and argued with myself a lot but wanting to go into the medical field in college means I really want to be able to focus in on my studies. I still want to have time to live out college without having to worry about not being able to do certain things because I have practice. I might regret it but it’s something new for a new chapter of my life and it’s a risk I’m willing to take.

“Annabelle and I are always pushing each other to be better and I wouldn’t be where I am today, running wise, if it wasn’t for her.”
Alyssa Brock is a senior here at Butler and is on the softball team. Like the other 15 girls on the team, Alyssa started playing at PV when she was 4 years old. Alyssa looks up to her mom because she is a strong woman and tries to be more like her. Alyssa describes herself as funny, smart, and kind. With my experience of playing with Alyssa the past 2 years, I can say that its one hundred percent true. She brings the energy to practice every day and always has a joke to tell.

Alyssa’s greatest memory is being able to play in the state tournament. She said the experience was unforgettable and that she is looking forward to the upcoming season and hopes the team gets the same opportunity as last season. Shae said “this year we have to play harder because we have something to prove.” Alyssa’s goal for softball is to get an athletic scholarship and play in college.

Q: What’s your jersey number and the story behind it?
A: “12, I have had it since t-ball.”

Q: Can you describe how you felt when playing in the state semifinals?
A: “I felt very proud of our team for coming this far and we proved people wrong who said we couldn’t get out of our region.”

Q: How do you set yourself apart from others on the field?
A: “my work ethic. I always give one hundred percent at practice and games.”

Q: What importance does the coaching staff place on your sport?
A: “Communication is key; Coach always picks us up when we are down.”

Q: If you change one thing about your sport what would it be?
A: “That we get more support; have more students than just parents and grandparents.”

Q: Do you have any superstitions before you play?
A: “I always put my right sock on before the left and have a lucky bracelet.”

Q: Being and upperclassmen do you see yourself as a good team leader and why?
A: “Yes, I’m not scared to check someone but also I’m there for you; if you need something or someone to talk to I’m always there.”

“Funny, Smart, and Kind.”
The Marvelous Marching Band STARS
BY JAVONTAE DITTO

The marching band consist of diverse and interesting people. It’s a very welcoming and fun community, with unique and colorful personalities. The Marching Band welcomes everyone, ranging from beginners wanting to indulge in music to experienced experts. Our marching band prides itself for their love of music and representing our school. The marching band is perfect for anyone wanting to join a positive community and take pride in being a Butler Bear!

Shawn Bentley is one of the marching band most prominent musicians. He’s a senior this year and it’s his 4th year in the marching band; now he leads the percussion position. Shawn grew up in an interactive and fun community. He gained most of his wacky personality from his family, celebrating funny traditions such as “fire day”—the day their house near burned down. His parents are his biggest role models in his life, inspiring him to succeed in school and pursue his dreams. However, he recently gained a new role model: Joseph Joestar. Joseph Joestar is a popular fiction character loved by many. Shawn took inspiration from how Joseph always outsmarted his opponents and passed over seemingly virtually impossible obstacles. “He hopes to bypass any seemingly impossible obstacles in his life while pursuing his dreams.”

Shawn’s passion in music stems from a childhood friend that inspired him to join band when he took Shaw to a band competition. The eccentric and upbeat hype of the musicians and the enchanting songs played by various talented bands lit a fire in his heart! Music plays a huge factor in where he plans on going to college. as of now Murray State is the most prominent one on his radar. He plans on continuing band in college and possibly joining a rock band if the situation comes. However, his main focus is to major in psychology and his debating if he’d rather focus on voice acting or working in the comic industry.

Shawn’s favorite hobbies consist of playing video games, reading and of course band. Each of these hobbies influence what he wants to pursue in his life. He loves fiction, especially sci-fi and fantasy stories. He always dreamed of writing his own comics and voice acting for video games or anime. He also wishes to travel to Japan.

Shawn is a perfect example of a role model Butler student one should follow. He loves Butler and shows a lot of pride, especially against our rivals such as PRP. He has a steady GPA, 28 on his ACT and passed his AP test. He has numerous scholarships so he’ll most definitely be a top pick from most colleges His current goal is simple but admirable; achieving a point where he is stress free.

Another star member of the marching band is Jessica Saylor. Jessica is also a senior continuing her final year in marching band leading the clarinet section. Jessica was born on April 12th. Her childhood was very hectic but she grew past it with support from her loving and caring family. She has a diverse and interesting family on both sides that influenced her interest greatly today. She got her country roots from her dad's side of the family. Celebrating events in their own way; for instance eating deer on thanks-
Annabelle the Multisport Athlete

BY KATIE TEMPLEMAN

A 16 year old girl named Annabelle Walker who attends Butler Traditional High School in the eleventh grade. I asked Annabelle how she described herself and she said, “A lot of people think that I’m really quiet but once you get to know me I think my personality will change your mind.” If you ever see Annabelle, stop and talk to her, she is really nice and funny. She has five siblings, (Katelyn 19, Wyatt 10, Harlee 6, Samuel 5, and Seth 1). Therefore, she has a lot going on.

For those who don’t know Annabelle, she is a multisport athlete. She plays softball, track, cross-country, and she’s doing swimming this year. Annabelle started playing baseball when she was three years old and when she moved to Louisville she started playing softball. I asked Annabelle when she started to run cross-country and she said, “I started to run cross-country in the sixth grade and I honestly didn’t think that I would like it that much and now it’s one of my favorite things to do.” She has had a title in softball by coming in third in state this past year in June. She also started to do track last year. Her goal for this school year is to get the triple-threat award for playing three sports in three different seasons, which she’ll be taking on swimming this year. I asked Annabelle who she looks up to the most and she said, “I look up to my dad the most because even on his bad days he still puts a smile on his face which makes me think that a person can get threw anything.” You could be looking at your next future athlete.

Some fun facts to know about Annabelle. Annabelle wants to be a doctor when she grows up because she wants to help people become better. One of her favorite things to do outside of school is to hang out with her friends and do fun things. She sometimes likes to draw in her free time. Annabelle Walker is going to do great things in the future.

“I know some people might think that it’s all about being physically fit, but mainly for me it’s mental and you have to believe in yourself and that you can do all things you put your mind to.”
Student Athlete Spotlight…

THE INK SPOT

Edited by ABBY TEMPLEMAN

Butler Traditional High School

Butler’s baseball team had a great season last year of 18 wins and 14 losses. The team put in a lot of effort during school and at practice. One of those hardworking players is Cody Morton. For those who do not know Cody, he’s 17 years old, a senior, and plays on the Varsity baseball team. The positions he plays are pitcher and second base. He said, “I love pitching because I’m in control of the game and second base so I can get dirty”. Cody said, “I love throwing my circle change, but I like hitting fastballs”.

Cody grew up playing at Prairie Village and German-town. He has been playing baseball for 14 years and was inspired to play from his Great Uncle. He described himself as a good leader, saying he does most of the drills correct at practice. Some of the younger players look up to him as a role model. If you didn’t know, Cody is a very competitive person. He said, “I am very competitive. I want to win at everything I do”. One tough part about being a student athlete is managing school and sports. Cody said, “Right after practice I go straight home to do my homework and usually go to sleep late because of it”. Most of our athletes at Butler know what that feels like.

Q: How would you describe yourself?
A: “I would describe myself as talkative, funny, nice, hardworking, and a determined person”.

Q: Has baseball changed your life?
A: “Baseball has completely changed my life. It really brought it around”.

Q: Who is your role model and why?
A: “My Uncle is my role model because he played baseball and worked hard at it with no excuses”.

Q: What are some motivations?
A: “My parents motivate me because I want to be able to repay them for all their help with baseball”.

Q: What is your biggest accomplishment?
A: “My biggest accomplishment is throwing a no hitter and hitting a walk-off single in the same game”.

Q: What are you plans for the future?
A: “I plan to go to Ohio University”.

Play By Play With Cody Morton BY ABBY TEMPLEMAN

Butler varsity baseball team, after a big win.

Cody Morton, hitting

Cody Morton, pitching

Edited by ABBY TEMPLEMAN
Butler Traditional High School

**Butler Cheer Seniors** BY KINLEY HITE

Nina Thompson

**Q: How do you feel knowing it’s your last year of cheer?**

**A: I think it is really sad, not really sad but more like depressing knowing I’m not sure on my future and what my career is going to be. If I do go into nursing I’m going to Galen and they don’t have a cheer team.**

Nina Thompson has been a cheerleader her whole life. She couldn’t wait to get to high school so she could cheer for Butler Traditional High School, just like her sisters. Nina has cheered all four years of high school. If Nina didn’t cheer then she wouldn’t be herself. It makes her sad knowing it could be her last year of being a cheerleader. For her not cheering in high school pep rallies, homecomings, and basketball games won’t be the same.

Kayla Connor

**Q: What made you fall in love with the sport?**

**A: I love tumbling because I became really good at it, I love competing in front of a big crowd, and being under the bright lights every Friday night, it all makes me happy.**

Gracie Ware

Gracie Ware has been on the cheer team as well for all four years at Butler. She is the type of person that is very passionate for everything she tends to do, whether its sports, family, or her favorite hobby’s. She is a very positive person and makes everyone feel like they can trust her and talk to her if needed. When people see or hear of her they always think of the kind, selfless, innocent “red head”. Gracie never makes people feel like they don’t belong on the mat and she includes everyone in everything.

**Q: What makes cheer worth it?**

**A: The feeling of meeting new people, having friends that makes the team feel like a family plus nothing beats the feeling of competing and accomplishing everything the team has worked for.**

Cami Byers

Cami Byers decided to join Butler’s cheer team her junior year as well, doing that meant she had to stop doing the sport she has loved and done for many years and probably majority of her whole childhood. Cheering for Butler meant she had to stop doing Gymnastics and focus on transforming into becoming a cheerleader. Since she has starting cheering it has made her love being involved in the school and having school spirit. It has helped her meet new people and cheering with a big team is a great way to do it.

**Q: What do you enjoy most about being on the cheer team?**

**A: I like that we all make the team feel like family and that no matter how tough things get we still continue to stay positive and help each other to get better and strive for nothing but the best.**

Katelin Skirvin

**Q: What is your main motivation for cheer?**

**A: My main motivation is my mother who always said “Skirvins don’t give up.” She has always gave me everything I needed to become an amazing cheerleader.**

Katelin Skirvin has been on Butler’s cheer team all four years of high school. She has came a long way since the beginning of her freshmen year. Katelin is an amazing cheerleader all around and is one of the most positive people on the mat even when times get hard and frustrating, she is able to remain positive.

Aliya Brownlowe

Aliya Brownlowe has only been on the cheer team for her senior year, she used to cheer in middle school, but has overcome many challenges. Aliya moved to Louisville in the middle of her eighth-grade year and decided she was going to come to Butler for high school. She has been determined to keep trying after failing several times. Aliya tried out her freshman year and she didn’t make it, she tried out her sophomore year and didn’t make it, just because she didn’t make it doesn’t mean she wasn’t capable of making the team and even though she failed over and over she continued to get back up and try again until she succeeded. Aliya is now apart of Butler’s cheer team and has accomplished so much in just little time.

**Q: What do you enjoy most about being on the cheer team?**

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Butler Cheer Seniors BY KINLEY HITE

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Moment For Life BY LONDON McGill

During senior year everyone is frantic trying to fix their GPA and maintain the correct balance between school, work, and sports; but for Emily Renfrow, she’s been on top of this for years.

Throughout Emily’s four years at Butler she has loved field hockey. Her freshman year she was unable to play because she was unaware of the team. Ever since her sophomore year, she’s been waiting for the senior moment to shine. Emily says she definitely had to work her way up the ladder to be as good as she is now. She hopes to better herself and leave a mark on her teammates her last year at Butler.

Team support means everything to her. She wants the team to be encouraging and helpful. When asking a fellow teammate to describe her they said, “Emily is a very dedicated and loving person. I can trust her with anything and I know she will listen. If you need something, she will not hesitate to help.”

Although Emily is very dedicated to field hockey, she is much more than an athlete. She says even though she is in fact a student athlete, her academics come first. She wants people to know that it’s okay to want good grades. Her GPA has remained a 4.0 all four years and intends to keep it that way.

As far as her career goals, she wants to become a dental hygienist. She intends on going to college at either the University of Louisville or the University of Kentucky in dentistry. During her Inkspot interview she says, “I like the money it brings in, but ultimately I want people to feel better about themselves and smile big.”

Emily has a small but tight-knit family. She is the youngest of three girls, Hannah and Brooke. Her parents, sisters, and herself all get along very well. She also has one dog named Cooper.

Her long-term goals are ones of many that people wish there were more of. Emily wants to make a difference. She hopes for a very positive and happy family, much like hers. Being healthy and regretless is a huge goal for her in the future.

When asked who she looked up to she said her dad. “My dad and I have our ups and downs, but he’s a great person. He doesn’t have a mean bone in his body and is always happy; but most importantly he’s a great Christian role model for me,” she answers.

Emily’s senior year is just beginning but she’s also approaching the end of high school. She looks forward to making some of the best memories with her friends and family. Her positive attitude and bubbly personality results from her favorite quote “God is greater than the highs and lows.”

Being a student athlete is a struggle that not all experience but is difficult. Emily will always show by her laughter and smile that she won’t let anything stop her. If you ever need any words of wisdom or just a laugh, don’t be afraid to talk to stop her in the hallway and say hello! She never turns down a great laugh.

Emily pictured above on her way to Thanksgiving dinner.
What is Best Buddies?

BY LINDSAY BATES

Best buddies is a well-known club here at Butler. The club is run by our very own, Mrs. Foley, in room 106. The deadline to sign up for best buddies is Fall 2018. When you sign up you have two options. You can sign up to be paired with a one on one friendship or you can sign up to help plan things and go to the social events. If you sign up to be paired one on one you must have plenty of time to hang out with your buddy. Sometimes when you sign up to be paired one on one you don’t always get to be. There are more buddies than they can pair sometimes. If you don’t end up getting paired, we would still love to see you at all the events.

Being apart of Best Buddies teaches you a lot. You get to learn about how different disabilities work and how they work through the day around it. In this club everyone is welcome and its full of love. Any grade and join and sign up to be paired or just come for all the friendships. Throughout the year we have many fun parties, like: Halloween, Christmas, and many more.

Join Best Buddies and let the friendships began!!!!

More Than A Runner

BY LINDSAY BATES

Do you know Esperance Nibitanga? Many people only know her as a runner on Butler’s track team. She is also a very strong leader in the halls of Butler. Esperance is a senior here at Butler. She’s involved in many things such as Track, The Black Student Union, NHS, etc. If you ever see her in the hall stop and say hello, you may be talking to a future star.

Esperance started running track in the 6th grade. She got involved in track because the coach saw her playing tag and saw how fast she was. She continues to run today because of all the fun memories she has. One of her favorite memories was when she went to Virginia Beach for AAU nationals. She enjoyed it since it was her first year to see people run that fast in person. After she got to see them she got inspired to become a better and faster runner. Her favorite distance to run is a 400. Her PR (personal record) in the 400 is a minute. The 400 is her favorite just because it feels long and short at the same time. She wants to continue to run in college and is thinking about going pro in the future, although she wants to be a businesswoman and a pediatrician.

Although she gets very stressed she still finds time to balance school, track, and a job. She gets stressed out when she’s capable of doing it, but her thoughts get to her making her think she can’t do it. Even though Esperance’s life gets very hard she still has a strong motivation to get through it. Her brothers play a very strong role in her motivation. They tell her that they want to be like her and she doesn’t want to let them down. Balancing everything is hard to stay on top of but she makes it work with both her motivation and using her time right.

Esperance racing to the finish line!

Picture taken with Keshonna Towns at Butler. Taken by Jamayka.
On the morning announcements, have you ever heard the name Collin Sheffield? With his many achievements, including being class of 2019’s class secretary for 2 years, it’d be hard not to know him! There’s so much about Collin that many may not know about him, but I had the chance to interview him and was shocked by how much really goes on in the life of Collin Sheffield.

When Collin started running, he was in the fifth grade, and only began because it was the only sport offered by his elementary school. He fell in love with the sport of track and cross country (XC). In eighth grade he suffered an injury, but he pushed through it and competed in nationals. Collin was Farnsley Middle School’s first XC runner to run at nationals. He has been a part of Butler’s varsity team for 4 years. Last year, he came in 11th in regionals, and had a 20 second PR.

With all of his track and XC experience and achievements, you might wonder what his grades look like. He is in several high credited classes! He makes good grades and holds a 4.3 GPA. Collin wants to be a broadcast journalist and major in communications. Even though he is still waiting to see what college offers come up, Collin was one of the few Butler students to attend GSP over the summer. He is currently interested in Morehead state university.

With so much going on, it seems impossible to do all alone… fortunately for Collin, he has support coming from all around! Collin’s family is always there to support him in everything. They come to watch and support him at every race, even his dad who works late nights comes to support him. He says that Cody Horn, class of 2018 senior, played and important part in keeping him motivated. “He always came to practice and meets, pushed me to work my hardest, and helped me to push to the point I am at.” He also gives a lot of credit to his coach, Mrs. Barnes. “My coach has always made me work hard and kept me healthy and ready to compete. Without her, I wouldn’t be anywhere near as good of a runner or as close to my dreams as I am.”

With a seemingly endless list of things to do, Collin always manages to get things done on time. There is more to him than just the title of “student athlete.” Titles shouldn’t be what define you as a person. Good character, humbleness and determination are all words that describe Collin. Next time you see him in the hallway, make sure to say hello. He may be busy with school and sports, but a friendly smile is always welcome.

“Commit to the Lord in all you do and he will establish your plans.” -Proverbs 16:3

“When you’re out there, they will love you or hate you, does not matter, because you’re on your own.”
**Dynamic Duo**

**By Rontrell (Popart) Powell**

Chaz Burks is the starting QB for Butler Traditional High School and is having a great season; he is the leader of the team, and a junior. He has been playing varsity quarter back since freshman year. I was intrigued to see his perspective from the role of the leader of the team. he is very humble and a great person. He was open to the interview and had great responses. He has a lot of potential and I can't wait to see what the future holds for him.

**Q: WHAT HAVE YOU LEARNEED ABOUT TEAM WORK FROM BEING ON THIS TEAM ? HOW DOES THE TEAM MAKE YOU A BETTER PLAYER?**

A: I learned on this team that teamwork and chemistry really helps the team because that's how we got better because of our chemistry. This makes me a better player and helped me become more of a leader and a better team player.

**Q: WHAT DO YOUR FRIENDS THINK OF YOUR ATHLETIC SUCCSEES?**

A: My friends are proud of me and tell me all the time to stay humble and more is coming for you to be your best.

**Q: HOW DO YOU HANDLE MISSING OUT ON ACTIVITIES WITH FRIENDS BECAUSE OF FOOTBALL?**

A: I handle it good because my friends know how complex my schedule is and I use it to plan out my future. When I get time though I hang out with my guys.

**Q: WHO DO YOU LOOK UP TO AS HEROS IN FOOTBALL?**

A: Geno Atkins – Because he dominates his opponents every play with 291 career tackles and 61 sacks. He is a dominate DL.

A: I learned a lot form this game. I learned how to handle my wins and losses. Also how to deal with adversity and how to stay even keel.

**Q: HOWS THE SEASON GOING SO FAR?**

A: The season is going good. Other than the upset to Desales but everything is going as planned. Even though everything is going as planned we still have to a lot of work art.

Myles Brown (11th) is a Defensive Line for Butler he is a great player that is a grinder. He isn’t the tallest but he still puts up a fight with his strength he goes and out and gives it his best for the team and he risks it all. I believe he is gonna be an amazing player at his position. He is already good its just about the work he puts in and it is effective. I asked him questions similar to Chaz below.

**Q: WHAT HAVE YOU LEARNEED FROM THIS GAME?**

A: I learned that everything isn’t given and you have to work for what you want in life and if you don’t you’ll fail.

**Q: HOWS THE SEASON GOING SO FAR?**

A: It’s pretty good we took a hard loss against Desales but we will bounce back and just go harder for the rest of the season.

Burks and Brown are just two of a team of very hardworking young men known as the Butler Bears 2018 football team. It’s been fun to see them make history. There’s still some of the season left, then playoffs. Their coaches, teammates, cheerleaders, Sugarbears and band make it all happen every Friday night. Be looking for my next article on our senior football players and how their season and their futures are looking.

“Football is football and talent is talent. The supreme quality for leadership is unquestionably integrity. The game of life is a lot like football.”

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**Butler Quarterback, Chaz Burks. PICTURE TAKEN BY: SAVION BRIGGS**

**Burks throwing the ball while 58 and 61 give good blocks during the Butler/Desales game. PICTURE TAKEN BY: COURRIER JOURNAL.**

**Butler Traditional High School**

**Edited by Rontrell Powell**